

# YMCA BILL SEYMOUR 2009 HALF MARATHON RACE RESULTS

Half Overall Gentleman James McGown Age 35 from Sidney, Nebraska with a time of 1:10:23

Half Overall Lady and Record Breaker Melissa Todd Age 34 from Kansas City, MO with a time of 1:16:02

Gentlemen 24 & Under		
Name	Time	Hometown
1 Wilson, Dylan	1:14:38	Grand Island
2 Miller, John	1:26:02.76	Omaha
3 Harders, Keith	1:45:40	Hastings
4 Ruiz, Artemio	1:51:14	Grand Island
5 Beiermann, Jon	2:07:12	Lincoln
6 Gardner, Anthony	2:10:49	Omaha
Gentlemen 30 to 34		
Name	Time	Hometown
1 Hacker, Rikki	1:11:54	Kansas City, MO
2 Trenkle, Jamie	1:21:33	Kearney
3 Cortes, Emigdio	1:22:13	Grand Island
4 Reilly, Michael	1:22:28	Omaha
5 Fornander, Wade	1:22:55	McCook
6 Moritz, Jason	1:23:04	Lincoln
7 Goodwin, Chris	1:25:04	Hastings
8 Nuss, Eli	1:26:49	Sutton
9 Springer, Shanon	1:33:30	Axtell
10 Kreifels, Anthony	1:36:42	York
11 Lerch, Brandon	1:39:11	Omaha
12 Henke, Adam	1:41:29	Lincoln
13 Murrish, David	1:42:59	Kearney
14 Hazard, Paul	1:44:41	Kearney
15 Goedert, Chris	1:46:54	Hastings
16 Avery, Nathan	1:47:15	Kearney
17 Sauer, Robert	1:49:00	Atlanta, GA
18 Machida, Satoshi	1:52:17	Kearney
19 Hauxwell, Jason	1:53:55	Culbertson
20 Zebert, Brian	1:54:44.78	Grand Island
21 Dunbar, Bradley	1:55:43	La Vista
22 Henry, Jack	1:59:18	Grand Island
23 Wardyn, Justin	2:00:22	Bellevue
24 Johnson, Justin	2:00:44	Grand Island
25 Comer, Toby	2:05:40.6	Grand Island
26 Lofing, Dustin	2:18:40	Grand Island

Gentlemen 25 to 29		
Name	Time	Hometown
1 Nichols, John	1:10:50	Denver, CO
2 Ashley, Levi	1:14:27	Scottsbluff
3 Nichols, Tom	1:25:15.02	Lincoln
4 Hanson, Nicholas	1:26:02.12	Blair
5 Dorsey, Matt	1:28:00	Grand Island
6 Fernau, Shane	1:29:28	Kearney
7 Cortes, Rafael	1:34:57	Grand Island
8 Spiels, Justin	1:47:03	Lawerance, KS
9 Keiser, Brian	1:47:51	Lincoln
10 Olson, Neal	1:50:18	Wahoo
11 Peterson, Jeff	1:56:43	Omaha
12 Holscher, Blake	1:59:20	Kearney
13 Strasburg, Gregory	1:59:58	Hastings
14 Coddington, Mark	2:05:49	Grand Island
15 Buss, Jason	2:14:32	Columbus
16 Wendeln, Mathias	2:22:01	Syracuse
17 Garcia, Dennis	2:23:08	Grand Island
18 Ledden, Nathan	2:26:22	Lincoln
Gentlemen 35 to 39		
Name	Time	Hometown
1 McGown, James	1:10:23	Sidney
2 Babcock, Jason	1:26:15	Waverly
3 Miles, Jeremy	1:26:35	Hastings
4 Victory, Travis	1:26:59	North Platte
5 Curfman, James	1:29:04	Central City
6 Wenzl, Leonard	1:29:21	Grand Island
7 Gutzwiller, Jim	1:35:39	Elm Creek
8 Pleskac, Craig	1:36:04	Lincoln
9 Schwartz, Scott	1:38:38	Lincoln
10 Fay, Rod	1:39:29	Grand Island
11 Main, Jason	1:42:27	Omaha
12 Fruehling, Christian	1:44:44	Hastings
13 Ballard, Jade	1:45:17	Doniphan
14 McDowell, Tyre	1:46:01.02	Lincoln
15 Ferguson, Peter	1:51:13	Lincoln
16 Brown, Dwight	1:51:46	Lincoln
17 Doyle, Glen	1:52:52	Lexington
18 DeWald, Van	1:56:35	Elkhorn
19 Cooper, Ben	1:57:18.85	North Platte
20 Messmer, Mitch	2:00:01	Grand Island
21 Yax, Ben	2:03:56	Grand Island
22 Renshaw, Preston	2:16:38	ONEILL
23 Schuster, Mike	2:17:36.04	Grand Island
24 Poland, Brian	2:18:18	Grand Island
25 Westlund, Scott	2:20:46.59	Wahoo
26 Hauswald, Tyler	2:21:27	Wahoo

# YMCA BILL SEYMOUR 2009 HALF MARATHON RACE RESULTS Cont.

Gentlemen 40 to 44			
	Name	Time	Hometown
1	Cook, Brian	1:25:09	Grand Island
2	Swartz, Troy	1:25:13	McCook
3	Yost, J.J	1:25:15	Lincoln
4	Priebe, Stacy	1:27:38	McCook
5	Cuevas, Abel	1:30:05	Grand Island
6	Bruntz, Jeffrey	1:30:32	Gothenburg
7	Danson, Paul	1:32:26	Lincoln
8	Eberhardt, Chris	1:33:13	Grand Island
9	Williams, Bill	1:33:16	Kearney
10	Volk, Tom	1:35:27	Lincoln
11	Zugmier, Joe	1:35:40	Lincoln
12	Schmidt, Blaine	1:35:48	Elkhorn
13	Newburn III, Lorance	1:37:37	Seward
14	Johnson, Brian	1:38:00	Lincoln
15	Rohrick, DC, Thomas	1:43:32	Scottsbluff
16	Kohrell, David	1:43:47	Lincoln
17	Ketmer, JB	1:45:22	Seward
18	Bastin, Scott	1:47:50	Lincoln
19	Stover, James	1:53:11	Grand Island
20	Flynn, Daniel	1:54:47	Omaha
21	Carpenter, Todd	1:58:40	Grand Island
22	Sandal, Toby	2:02:58	Beatrice
23	Palu, Jeff	2:08:34	Grand Island
24	Taylor, Dan	2:24:46	Valley City, ND
Gentlemen 50 to 59			
	Name	Time	Hometown
1	Johnson, David	1:20:11	Hastings
2	McDermott, Kerry	1:26:12	Lincoln
3	Trampe, Doug	1:26:51	Kearney
4	Drake, Courtney	1:29:24	Hastings
5	Raymond, Randy	1:29:57	Blair
6	Lingren, Will	1:30:27	Omaha
7	Berge, Marty	1:36:45	Lincoln
8	White, Terry	1:39:03	Kearney
9	Dubbs, Danny	1:39:11	Wood River
10	Edwards, Carl	1:39:48	Columbus
11	Larson, Tom	1:40:33	Lincoln
12	Koontz, Al	1:40:43	Lincoln
13	Hattan, Greg	1:43:26	Concordia, KS
14	Marshall, Jay	1:43:42	Lincoln
15	Beed, Glen	1:45:38	Fort Calhoun
16	Moss, Glen	1:47:36	Lincoln
17	Scoville, Steve	1:47:49	Elwood
18	Malcom, Roger	1:48:16	Grand Island
19	Andrews, Randy	1:49:56	McCook
20	Magnuson, Tom	1:50:05	Lincoln
21	True, Chester	1:52:01	Lincoln
22	Potrzeba, Duane	1:53:20	Hastings
23	Selzler, Larry	1:54:33	Grand Island
24	Yeafoli, John	1:57:18	Renton, WA
25	Chmiel, Ray	2:05:08	McCook
26	Longo, Peter	2:05:40	Kearney
27	Chavez, Dave	2:07:50	Grand Island
28	Smith, David	2:15:55	McCook
29	Stagon, Thomas	2:37:27	Omaha

Gentlemen 45 to 49			
	Name	Time	Hometown
1	Wasserman, Gary	1:25:32	Omaha
2	Peak, Michael	1:28:06	Kearney
3	Fried, Brad	1:31:55	Grand Island
4	Stanjck, Russ	1:33:15	Grand Island
5	Honeycutt, Don	1:35:52	Omaha
6	Larsen, Michael	1:36:52	Fullerton
7	Kolb, Chris	1:40:11	Grand Island
8	Bohac, Daryl	1:45:59	Waverly
9	Taylor, David	1:47:47	Grand Island
10	Santos, John	1:48:32	Grand Island
11	Burnham, Tim	1:51:21	Grand Island
12	Sheen, David	1:52:40	Kearney
13	Williams, Mark	1:53:09	Aurora
14	Shotkoski, Dale	1:53:50	Central City
15	Gruber, Gary	1:59:19	Taylor
16	Brandt, Jerry	2:00:39	Grand Island
17	Hoskins, Randall	2:07:13	Lincoln
18	Elmshaeuser, Karl	2:07:30	Ogallala
19	Wheeler, Gordon	2:07:44	Hastings
Gentlemen 60 to 69			
	Name	Time	Hometown
1	Neske, Robert	1:49:39	Hastings
2	Wheeler, Jim	1:57:02	Franklin
3	Burdett, Bill	1:59:33	Cairo
4	Pickering, Avery	2:03:52	Lincoln
5	Fuerniss, Mark	2:17:36	Lincoln
6	Cox, Henry	2:25:47	Hutchinson, KS
7	Fahrenbruch, Dennis	2:38:31	Culbertson
Gentlemen 70 & Up			
	Name	Time	Hometown
1	Goering, Ivan ~ 80	2:29:34	Leigh
2	Metzer, Marv ~ 81	2:54:07	McCook

# YMCA BILL SEYMOUR 2009 HALF MARATHON RACE RESULTS Cont.

Ladies 24 & Under		
Name	Time	Hometown
1	Lickteig, Kaci	1:25:11 Dannebrog
2	Conradt, Theresa	1:36:04 Lincoln
3	Olsen, Christy	1:44:43 Lincoln
4	Krupicka, Jennifer	1:49:02 Lincoln
5	Stokely, Torrie	2:02:15 Grand Island
6	Haack, Chelsea	2:03:28 Columbus
7	Hickman, Kristi	2:04:32 Lincoln
8	Gardner, Meredith	2:06:32 Omaha
Ladies 30 to 34		
Name	Time	Hometown
1	Todd, Melissa	1:16:02 Kansas City, MO
2	Nielsen, Christy	1:23:09 Omaha
3	Janzen, Tonya	1:28:47 Omaha
4	Bauer, Laura	1:30:01 Kearney
5	Arends, Kimberly	1:47:12 Grand Island
6	Ulrich, Ashley	1:47:43 Lincoln
7	Jeffrey, Jamie	1:47:50.17 Lincoln
8	Zimmer, Laci	1:53:17.26 Lincoln
9	Brewster, Katie	1:53:37 Houghton, MI
10	McDonald, Shannon	1:53:45 North Bend
11	Graves, Brooke	1:55:28 Wood River
12	Nelson, Rebecca	1:55:31 Grand Island
13	Watts, Debra	1:55:46 Lincoln
14	Mashek, Janna	1:56:33 Grand Island
15	Yeafoli, Christine	1:57:14 Seattle, WA
16	Mcvay, Shiloh	1:57:43 Gothenburg
17	Albers, Susan	1:58:48 Grand Island
18	Hudnall, Kara	1:58:54 Grand Island
19	Sullivan, Jennifer	2:00:08 Bellevue
20	Stapel, Becky	2:01:44 Phillipsburg, KS
21	Schoengold, Karina	2:03:38 Lincoln
22	Kabourek, Jamie	2:03:53 Lincoln
23	Dunbar, Courtney	2:04:55 La Vista
24	Vrooman, Kris	2:09:24 Juniata
25	Poland, Winnie	2:10:48 Grand Island
26	Lutz, Amanda	2:15:54 Hastings
27	Korth, Neleigh	2:15:57 Ogallala
28	Bumgardner, Kerry	2:22:02 Hastings
29	Flynn, Carol	2:24:58 Omaha
30	Olson, Melanie	2:30:49 Omaha
31	Blake, Jennifer	2:34:44 Cairo
Ladies 40 to 44		
Name	Time	Hometown
1	Shaw, Stacy	1:31:02 Hastings
2	Wetzel, Jacqueline	1:40:57 dannebrog
3	Ziller, Angela	1:45:59.32 Grand Island
4	Wickham, Marti	1:54:56 Manhattan, KS
5	McWhirter, Nancy	1:58:14 Hastings
6	Brill, Susan	2:02:34 Riverdale
7	Yost, Renee	2:07:10 Lincoln
8	Gaden, Jodi	2:09:44 Lincoln
9	Van Pelt, Patti	2:10:04 Dannebrog
10	Nyp, Kristy	2:22:07 Stockton, KS

Ladies 25 to 29		
Name	Time	Hometown
1	Callan, Nicole	1:26:31 Omaha
2	Kilma, Lauren	1:27:04 Omaha
3	Flannigan, Sara	1:45:52 Urbandale, IA
4	Hanson, Erica	1:47:53 Blair
5	Befort, Penny	1:48:22 Deshler
6	Heath, Lena	1:49:11 Grand Island
7	Boersma, Kyla	1:54:44.39 Amberst
8	Small, Michaela	1:55:21 Palmer
9	Svoboda, Michelle	1:56:34 Grand Island
10	Peterson, Katie	1:57:01 Omaha
11	Bonsall, Jace	1:58:16 Lincoln
12	German, Lisa	1:58:17 Grand Island
13	Lee-Buss, Monica	2:01:51 Columbus
14	Bergman, Megan	2:01:20 Omaha
15	Krafta, Annaka	2:01:47 Grand Island
16	Miller, Terri	2:02:24 Kearney
17	Lindau, Marissa	2:11:41 Greeley, CO
18	Goding, Ann	2:13:46 Atlanta, GA
19	Uden, Shona	2:15:49 Trumbull
20	Lee, Valerie	2:18:03 Columbus
21	Holscher, Becky	2:29:10 Kearney
22	Ledden, Leanna	2:55:09 Lincoln
23	Friesen, Stephanie	2:56:19 Loup City
Ladies 35 to 39		
Name	Time	Hometown
1	Cornish, Amy	1:37:40 Lincoln
2	Renshaw, Nicole	1:45:10 O'Neill
3	Ballard, Shelly	1:45:32 Doniphan
4	Van Ooyen, Kristi	1:45:45 Lincoln
5	Honeycutt, Sonja	1:48:19 omaha
6	Kruse, Michelle	1:51:59 Lincoln
7	Brammer, Heidi	1:53:17.64 Omaha
8	Dubbs, Kathy	1:54:35 Wood River
9	Pfeifer, Shelli	2:05:39 Grand Island
10	Bohnenkamp, Sadie	2:07:44.01 Grand Island
11	Graves, Heather	2:11:31 Grand Island
12	McInturf, Stephanie	2:12:32 Grand Island
13	Kordik, Nicole	2:14:49 Grand Island
14	Young, Ann	2:18:24 Lexington
15	Carder, Jackie	2:20:17 Lincoln
16	Seipel, Rayma	2:24:51 Lincoln
17	Morris, Amy	2:33:05 Hastings
18	Lyman, Anna	2:37:23 Lincoln

# YMCA BILL SEYMOUR 2009 HALF MARATHON RACE RESULTS Cont.

Ladies 45 to 49			
	Name	Time	Hometown
1	Barhnardt, Linda	1:32:35	Omaha
2	Lay, Crystal	1:46:01.3	Hastings
3	Green, Karen	1:50:33	Lincoln
4	Burnham, Darla	1:50:58	Grand Island
5	Brandt, Ruth	1:51:08	Grand Island
6	Culp, Kimberly	2:02:45	Bellevue
7	Coover, Peg	2:03:31	Cairo
8	Roe, Martha	2:05:29	McCook
9	Dittmer, Kris	2:06:21	Lincoln
10	Ferguson, Sue	2:07:08	Lincoln
11	Dier, Terri	2:12:45	Lincoln
12	Placke, Sharon	2:13:16	Grand Island
13	Guerrero, Tobin	2:13:54	Chapman
14	Elmshaeuser, Kris	2:21:35	Ogallala
15	Florek, Rachel	2:28:28	Hastings
16	Diehl, Sue	3:01:01	Grand Island

Ladies 50 to 59			
	Name	Time	Hometown
1	Pratt, Charlene	1:49:22	Riverdale
2	Prusa-Ogea, Peg	1:52:01.81	Lincoln
3	Jones, Janet	1:53:27	Edgar
4	Stoddard, Martha	1:59:52	Lincoln
5	Swanson, Marlene	2:01:14	Lincoln
6	Uhrmacher, Cheryl	2:04:33	Byron
7	Cox, Judy	2:13:03	Hutchinson, KS
8	Panko, Kim	2:14:52	Burr
9	Knap, Karen	2:20:48	Lincoln
10	Jacobson, Joy	2:24:16	St. Libory
11	Bellows, Loretta	2:30:41	McCool Junction
12	Dreves, Cindi	2:32:05	Omaha
13	Beethe, Janice	2:37:48	Burr
14	Peters, Cindy	3:01:02	Waverly, IA

Half Marathon Walkers			
	Name	Time	Hometown
1	Gloor, Jane	2:45:22	Marquette
2	Hertzler, Susan	2:56:18	Lincoln
3	Mowinkel, Maryjo	2:38:00	Grand Island
4	Perkins, Crisann	2:47:39	Grand Island
5	Pohlmeier, Lyndsey	2:33:28	York
6	Pokorney, Jennifer	2:27:53	Grand Island
7	Rowe, Angie	2:21:46	Doniphan
8	Rowe, Tom	2:20:46	Doniphan
9	Ryschon, Kristen	2:56:21	Ord
10	Tice, Cathy	2:24:43	Lincoln
11	Volkmer, Carolyn	2:37:40	Syracuse
12	Volkmer, Jennifer	2:37:39	Syracuse
14	Housholder, Sandy	2:55:36	Doniphan

## Overall Finishers in the 2009 Bill Seymour Half Marathon

	Name	Time	Hometown		Name	Time	Hometown
1	McGown, James	1:10:23	Sidney	58	Conradt, Theresa	1:36:04	Lincoln
2	Nichols, John	1:10:50	Denver, CO	59	Pleskac, Craig	1:36:04	Lincoln
3	Hacker, Rikki	1:11:54	Kansas City, MO	60	Kreifels, Anthony	1:36:42	York
4	Ashley, Levi	1:14:27	Scottsbluff	61	Berge, Marty	1:36:45	Lincoln
5	Wilson, Dylan	1:14:38	Grand Island	62	Larsen, Michael	1:36:52	Fullerton
6	Todd, Melissa	1:16:02	Kansas City, MO	63	Newburn III, Lorange	1:37:37	Seward
7	Johnson, David	1:20:11	Hastings	64	Cornish, Amy	1:37:40	Lincoln
8	Trenkle, Jamie	1:21:33	Kearney	65	Johnson, Brian	1:38:00	Lincoln
9	Cortes, Emigdio	1:22:13	Grand Island	66	Schwartz, Scott	1:38:38	Lincoln
10	Reilly, Michael	1:22:28	Omaha	67	White, Terry	1:39:03	Kearney
11	Fornander, Wade	1:22:55	McCook	68	Lerch, Brandon	1:39:11	Omaha
12	Moritz, Jason	1:23:04	Lincoln	69	Dubbs, Danny	1:39:11	Wood River
13	Nielsen, Christy	1:23:09	Omaha	70	Fay, Rod	1:39:29	Grand Island
14	Goodwin, Chris	1:25:04	Hastings	71	Edwards, Carl	1:39:48	Columbus
15	Cook, Brian	1:25:09	Grand Island	72	Kolb, Chris	1:40:11	Grand Island
16	Lickteig, Kaci	1:25:11	Dannebrog	73	Larson, Tom	1:40:33	Lincoln
17	Swartz, Troy	1:25:13	McCook	74	Koontz, Al	1:40:43	Lincoln
18	Yost, J.J	1:25:15	Lincoln	75	Wetzel, Jacqueline	1:40:57	dannebrog
19	Nichols, Tom	1:25:15.02	Lincoln	76	Henke, Adam	1:41:29	Lincoln
20	Wasserman, Gary	1:25:32	Omaha	77	Main, Jason	1:42:27	Omaha
21	Hanson, Nicholas	1:26:02.12	Blair	78	Murrish, David	1:42:59	Kearney
22	Miller, John	1:26:02.76	Omaha	79	Hattan, Greg	1:43:26	Concordia, KS
23	McDermott, Kerry	1:26:12	Lincoln	80	Rohrick, DC, Thomas	1:43:32	Scottsbluff
24	Babcock, Jason	1:26:15	Waverly	81	Marshall, Jay	1:43:42	Lincoln
25	Callan, Nicole	1:26:31	Omaha	82	Kohrell, David	1:43:47	Lincoln
26	Miles, Jeremy	1:26:35	Hastings	83	Hazard, Paul	1:44:41	Kearney
27	Nuss, Eli	1:26:49	Sutton	84	Olsen, Christy	1:44:43	Lincoln
28	Trampe, Doug	1:26:51	Kearney	85	Fruehling, Christian	1:44:44	Hastings
29	Victory, Travis	1:26:59	North Platte	86	Renshaw, Nicole	1:45:10	ONeill
30	Kilma, Lauren	1:27:04	Omaha	87	Ballard, Jade	1:45:17	Doniphan
31	Priebe, Stacy	1:27:38	McCook	88	Ketmer, JB	1:45:22	Seward
32	Dorsey, Matt	1:28:00	Grand Island	89	Ballard, Shelly	1:45:32	Doniphan
33	Peak, Michael	1:28:06	Kearney	90	Beed, Glen	1:45:38	Fort Calhoun
34	Janzen, Tonya	1:28:47	Omaha	91	Harders, Keith	1:45:40	Hastings
35	Curfman, James	1:29:04	Central City	92	Van Ooyen, Kristi	1:45:45	Lincoln
36	Wenzl, Leonard	1:29:21	Grand Island	93	Flannigan, Sara	1:45:52	Urbandale, IA
37	Drake, Courtney	1:29:24	Hastings	94	Bohac, Daryl	1:45:59	Waverly
38	Fernau, Shane	1:29:28	Kearney	95	Ziller, Angela	1:45:59.32	Grand Island
39	Raymond, Randy	1:29:57	Blair	96	McDowell, Tyre	1:46:01.02	Lincoln
40	Bauer, Laura	1:30:01	Kearney	97	Lay, Crystal	1:46:01.3	Hastings
41	Cuevas, Abel	1:30:05	Grand Island	98	Goedert, Chris	1:46:54	Hastings
42	Lingren, Will	1:30:27	Omaha	99	Spiehs, Justin	1:47:03	Lawerance, KS
43	Bruntz, Jeffrey	1:30:32	Gothenburg	100	Arends, Kimberly	1:47:12	Grand Island
44	Shaw, Stacy	1:31:02	Hastings	101	Avery, Nathan	1:47:15	Kearney
45	Fried, Brad	1:31:55	Grand Island	102	Moss, Glen	1:47:36	Lincoln
46	Danson, Paul	1:32:26	Lincoln	103	Ulrich, Ashley	1:47:43	Lincoln
47	Barhhardt, Linda	1:32:35	Omaha	104	Taylor, David	1:47:47	Grand Island
48	Eberhardt, Chris	1:33:13	Grand Island	105	Scoville, Steve	1:47:49	Elwood
49	Stanjck, Russ	1:33:15	Grand Island	106	Bastin, Scott	1:47:50	Lincoln
50	Williams, Bill	1:33:16	Kearney	107	Jeffrey, Jamie	1:47:50.17	Lincoln
51	Springer, Shanon	1:33:30	Axtell	108	Keiser, Brian	1:47:51	Lincoln
52	Cortes, Rafael	1:34:57	Grand Island	109	Hanson, Erica	1:47:53	Blair
53	Volk, Tom	1:35:27	Lincoln	110	Malcom, Roger	1:48:16	Grand Island
54	Gutzwiller, Jim	1:35:39	Elm Creek	111	Honeycutt, Sonja	1:48:19	omaha
55	Zugmier, Joe	1:35:40	Lincoln	112	Befort, Penny	1:48:22	Deshler
56	Schmidt, Blaine	1:35:48	Elkhorn	113	Santos, John	1:48:32	Grand Island
57	Honeycutt, Don	1:35:52	Omaha	114	Sauer, Robert	1:49:00	Atlanta, GA

## Overall Finishers in the 2009 Bill Seymour Half Marathon Cont.

115	Krupicka, Jennifer	1:49:02	Lincoln	173	Gruber, Gary	1:59:19	Taylor
116	Heath, Lena	1:49:11	Grand Island	174	Holscher, Blake	1:59:20	Kearney
117	Pratt, Charlene	1:49:22	Riverdale	175	Burdett, Bill	1:59:33	Cairo
118	Neske, Robert	1:49:39	Hastings	176	Stoddard, Martha	1:59:52	Lincoln
119	Andrews, Randy	1:49:56	McCook	177	Strasburg, Gregory	1:59:58	Hastings
120	Magnuson, Tom	1:50:05	Lincoln	178	Lee-Buss, Monica	2:01:51	Columbus
121	Olson, Neal	1:50:18	Wahoo	179	Messmer, Mitch	2:00:01	Grand Island
122	Green, Karen	1:50:33	Lincoln	180	Sullivan, Jennifer	2:00:08	Bellevue
123	Burnham, Darla	1:50:58	Grand Island	181	Wardyn, Justin	2:00:22	Bellevue
124	Brandt, Ruth	1:51:08	Grand Island	182	Brandt, Jerry	2:00:39	Grand Island
125	Ferguson, Peter	1:51:13	Lincoln	183	Johnson, Justin	2:00:44	Grand Island
126	Ruiz, Artemio	1:51:14	Grand Island	184	Swanson, Marlene	2:01:14	Lincoln
127	Burnham, Tim	1:51:21	Grand Island	185	Bergman, Megan	2:01:20	Omaha
128	Brown, Dwight	1:51:46	Lincoln	186	Stapel, Becky	2:01:44	Phillipsburg, KS
129	Kruse, Michelle	1:51:59	Lincoln	187	Krafta, Annaka	2:01:47	Grand Island
130	True, Chester	1:52:01	Lincoln	188	Stokely, Torrie	2:02:15	Grand Island
131	Prusa-Ogea, Peg	1:52:01.81	Lincoln	189	Miller, Terri	2:02:24	Kearney
132	Machida, Satoshi	1:52:17	Kearney	190	Brill, Susan	2:02:34	Riverdale
133	Sheen, David	1:52:40	Kearney	191	Culp, Kimberly	2:02:45	Bellevue
134	Doyle, Glen	1:52:52	Lexington	192	Sandal, Toby	2:02:58	Beatrice
135	Williams, Mark	1:53:09	Aurora	193	Haack, Chelsea	2:03:28	Columbus
136	Stover, James	1:53:11	Grand Island	194	Coover, Peg	2:03:31	Cairo
137	Brammer, Heidi	1:53:17.64	Omaha	195	Schoengold, Karina	2:03:38	Lincoln
138	Zimmer, Laci	1:53:17.:26	Lincoln	196	Pickering, Avery	2:03:52	Lincoln
139	Potrzeba, Duane	1:53:20	Hastings	197	Kabourek, Jamie	2:03:53	Lincoln
140	Jones, Janet	1:53:27	Edgar	198	Yax, Ben	2:03:56	Grand Island
141	Brewster, Katie	1:53:37	Houghton, MI	199	Hickman, Kristi	2:04:32	Lincoln
142	McDonald, Shannon	1:53:45	North Bend	200	Uhrmacher, Cheryl	2:04:33	Byron
143	Shotkoski, Dale	1:53:50	Central City	201	Dunbar, Courtney	2:04:55	La Vista
144	Hauxwell, Jason	1:53:55	Culbertson	202	Chmiel, Ray	2:05:08	McCook
145	Selzler, Larry	1:54:33	Grand Island	203	Roe, Martha	2:05:29	McCook
146	Dubbs, Kathy	1:54:35	Wood River	204	Pfeifer, Shelli	2:05:39	Grand Island
147	Boersma, Kyla	1:54:44.39	Amberst	205	Longo, Peter	2:05:40	Kearney
148	Zebert, Brian	1:54:44.78	Grand Island	206	Comer , Toby	2:05:40.6	Grand Island
149	Flynn, Daniel	1:54:47	Omaha	207	Coddington, Mark	2:05:49	Grand Island
150	Wickham, Marti	1:54:56	Manhattan, KS	208	Dittmer, Kris	2:06:21	Lincoln
151	Small, Michaela	1:55:21	Palmer	209	Gardner, Meredith	2:06:32	Omaha
152	Graves, Brooke	1:55:28	Wood River	210	Ferguson, Sue	2:07:08	Lincoln
153	Nelson, Rebecca	1:55:31	Grand Island	211	Yost, Renee	2:07:10	Lincoln
154	Dunbar, Bradley	1:55:43	La Vista	212	Beiermann, Jon	2:07:12	Lincoln
155	Watts, Debra	1:55:46	Lincoln	213	Hoskins, Randall	2:07:13	Lincoln
156	Mashek, Janna	1:56:33	Grand Island	214	Elmshaeuser, Karl	2:07:30	Ogallala
157	Svoboda, Michelle	1:56:34	Grand Island	215	Wheeler, Gordon	2:07:44	Hastings
158	DeWald, Van	1:56:35	Elkhorn	216	Bohnenkamp, Sadie	2:07:44.01	Grand Island
159	Peterson, Jeff	1:56:43	Omaha	217	Chavez, Dave	2:07:50	Grand Island
160	Peterson, Katie	1:57:01	Omaha	218	Palu, Jeff	2:08:34	Grand Island
161	Wheeler, Jim	1:57:02	Franklin	219	Vrooman, Kris	2:09:24	Juniata
162	Yeafoli, Christine	1:57:14	Seattle, WA	220	Gaden, Jodi	2:09:44	Lincoln
163	Yeafoli, John	1:57:18	Renton, WA	221	Van Pelt, Patti	2:10:04	Dannebrog
164	Cooper, Ben	1:57:18.85	North Platte	222	Poland, Winnie	2:10:48	Grand Island
165	Mcvay, Shiloh	1:57:43	Gothenburg	223	Gardner, Anthony	2:10:49	Omaha
166	McWhirter, Nancy	1:58:14	Hastings	224	Graves, Heather	2:11:31	Grand Island
167	Bonsall, Jace	1:58:16	Lincoln	225	Lindau, Marissa	2:11:41	Greeley, CO
168	German, Lisa	1:58:17	Grand Island	226	McInturf, Stephanie	2:12:32	Grand Island
169	Carpenter, Todd	1:58:40	Grand Island	227	Dier, Terri	2:12:45	Lincoln
170	Albers, Susan	1:58:48	Grand Island	228	Cox, Judy	2:13:03	Hutchinson, KS
171	Hudnall, Kara	1:58:54	Grand Island	229	Placke, Sharon	2:13:16	Grand Island
172	Henry, Jack	1:59:18	Grand Island	230	Goding, Ann	2:13:46	Atlanta, GA

## Overall Finishers in the 2009 Bill Seymour Half Marathon Cont.

231	Guerrero, Tobin	2:13:54	Chapman	254	Garcia, Dennis	2:23:08	Grand Island
232	Buss, Jason	2:14:32	Columbus	255	Jacobson, Joy	2:24:16	St. Libory
233	Kordik, Nicole	2:14:49	Grand Island	256	Taylor, Dan	2:24:46	Valley City, ND
234	Panko, Kim	2:14:52	Burr	257	Seipel, Rayma	2:24:51	Lincoln
235	Uden, Shona	2:15:49	Trumbull	258	Flynn, Carol	2:24:58	Omaha
236	Lutz, Amanda	2:15:54	Hastings	259	Cox, Henry	2:25:47	Hutchinson, KS
237	Smith, David	2:15:55	McCook	260	Ledden, Nathan	2:26:22	Lincoln
238	Korth, Neleigh	2:15:57	Ogallala	261	Florek, Rachel	2:28:28	Hastings
239	Renshaw, Preston	2:16:38	ONeill	262	Holscher, Becky	2:29:10	Kearney
240	Fuerniss, Mark	2:17:36	Lincoln	263	Goering, Ivan ~ 80	2:29:34	Leigh
241	Schuster, Mike	2:17:36.04	Grand Island	264	Bellows, Loretta	2:30:41	McCool Junction
242	Lee, Valerie	2:18:03	Columbus	265	Olson, Melanie	2:30:49	Omaha
243	Poland, Brian	2:18:18	Grand Island	266	Dreves, Cindi	2:32:05	Omaha
244	Young, Ann	2:18:24	Lexington	267	Morris, Amy	2:33:05	Hastings
245	Lofing, Dustin	2:18:40	Grand Island	268	Blake, Jennifer	2:34:44	Cairo
246	Carder, Jackie	2:20:17	Lincoln	269	Lyman, Anna	2:37:23	Lincoln
247	Westlund, Scott	2:20:46.59	Wahoo	270	Stagon, Thomas	2:37:27	Omaha
248	Knap, Karen	2:20:48	Lincoln	271	Beethe, Janice	2:37:48	Burr
249	Hauswald, Tyler	2:21:27	Wahoo	272	Fahrenbruch, Dennis	2:38:31	Culbertson
250	Elmshaeuser, Kris	2:21:35	Ogallala	273	Metzer, Marv ~ 81	2:54:07	McCook
251	Wendeln, Mathias	2:22:01	Syracuse	274	Ledden, Leanna	2:55:09	Lincoln
252	Bumgardner, Kerry	2:22:02	Hastings	275	Friesen, Stephanie	2:56:19	Loup City
253	Nyp, Kristy	2:22:07	Stockton, KS	276	Diehl, Sue	3:01:01	Grand Island
				277	Peters, Cindy	3:01:02	Waverly, IA

# YMCA BILL SEYMOUR 2009 5K RACE RESULTS

5K Overall Gentleman Jordon Tucker Age 22 from Omaha, Nebraska with a time of 15:15

5K Overall Lady Kylie Cheetsos Age 30 from Grand Island with a time of 19:40

Gentlemen 24 & Under			
	Name	Time	Hometown
1	Tucker, Jordan	15:15	Omaha
2	Martinez, Isaias	20:35	Grand Island
3	Lentz, Matt	20:46	Ainsworth
4	Navarro, Juan	20:53	Grand Island
5	Waters, Jake	23:04	Lincoln
6	Lemburg, Jordan	23:07	Grand Island
7	Hansen, Josh	23:36	Grand Island
8	Huisman, Tony	24:16	Grand Island
9	Exstrum, Charlie	28:37	Grand island
10	Steinke, Garrett	28:55	Grand Island
11	Coon, Dawson ~ 7 yrs old	33:08	Geneva
12	Carlson, Kayle	39:49	Lincoln
13	Devine, Aaron	54:39	Grand Island
Gentlemen 30 to 34			
	Name	Time	Hometown
1	Campos, Moses	19:24	Grand Island
2	Harris, Chris	20:45	Lincoln
3	Proskocil, cory	20:56	Grand Island
4	Chavez, Ray	23:32	Grand Island
5	Etherton, Andrew	24:39	Palmer
6	Alloway, Nathan	25:59	Lincoln
Gentlemen 40 to 44			
	Name	Time	Hometown
1	Narber, Conn	18:23	Phillips
2	Rathje, Rory	19:33	Grand Island
3	Rauert, Ron	19:34	Wood River
4	Webb, John	20:08	Grand Island
5	McCallum, Kurt	21:12	Grand Island
6	Farias, Rick	23:53	Grand Island
7	Mulligan, Bob	24:06	Grand Island
8	Torson, Duane	24:49	Grand Island
9	Townsend, Cory	25:20	Grand Island
10	Erickson, Erick	30:14	Holdrege
11	Rodriguez, Vino	30:45	Lincoln
12	Vandernack, Chris	31:19	Henderson
Gentlemen 50 to 59			
	Name	Time	Hometown
1	Jarzynka, Randy	19:11	Cairo
2	Carlson, Bob	19:16	Dannebrog
3	Sanchez, Rueben	20:52	Grand Island
4	Joel, Steve	22:09	Grand Island
5	Giger, Bob	22:57	Kenesaw
6	Exstrum, Brian	28:37:97	Grand island
7	Pore, Robert	32:14	Grand Island
8	Gleed, Kent	38:10	Omaha

Gentlemen 25 to 29			
	Name	Time	Hometown
1	Rief, Scott	17:19	Grand Island
2	Hamata, Jason	20:43	Grand Island
3	Longoria, Ray	21:02	Kearney
4	Joel, Derrick	21:11	Des Moines
5	DeBoer, Jesse	21:40	Smithfield
6	Bilsend, Matthew	21:43	Lincoln
7	Broin, Chris	21:46	Nekoma, KS
8	Manivong, Phou	23:10	Grand Island
9	Helzer, Nathan	25:53	Ogallala
10	Goding, Will	28:13	Grand Island
11	Gleed, Justin	29:56	Bennington
Gentlemen 35 to 39			
	Name	Time	Hometown
1	Lemburg, Branden	21:26	Grand Island
2	Thompson, Rich	22:20	Grand Island
3	Farias, David	23:18	Grand Island
4	Smith, Ronnie	23:26	Grand Island
5	Wemhoff, John	24:13	Grand Island
6	Doose, Jeffrey	24:36	Grand Island
7	Barrientos, Jamie	24:56	Grand Island
8	Wiens, Jeff	30:00:9	York
9	Lauer, Tate	30:04	Lincoln
Gentlemen 45 to 49			
	Name	Time	Hometown
1	Moran, Ron	15:37	Grand Island
2	Bergt, Brian	17:11	Amherst
3	Hassel, Calvin	18:38	Grand Island
4	King, Jeff	21:32	Grand Island
5	Culp, Vic	21:47	Bellevue
6	Zulkoski, Martin	22:13	Grand Island
7	Werner, Tom	22:56	Grand Island
8	Landerud, Bryan	29:00	Colorado Springs, CO
9	Vandernack, James (est.time)	36.15	Henderson
10	Beaver, Michael	40:00	York
11	Smith, Larry	48:12	Grand Island
Gentlemen 60 to 69			
	Name	Time	Hometown
1	Rothenberger, Steve	24:00	Kearney
2	Breunig, Chuck	27:28:29	Hastings
3	Johnson, Scott	27:35	Central City
4	Andrews, Steve	32:07	Wisconsin Rapids, WI
5	Bell, John	54:39:66	Grand Island
Gentlemen 70 & Up			
	Name	Time	Hometown
1	Klimek, Daniel	30:35	Ord
2	Tschauner, Ron	37:44	Hastings



# YMCA BILL SEYMOUR 2009 5K RACE RESULTS Cont.

Ladies 24 & Under			
	Name	Time	Hometown
1	Billington, Megan	21:28	Grand Island
2	Welch, Kristen	21:44	Grand Island
3	Stump, Maureen	23:23	Grand Island
4	Osborn, Ali	23:51	Lincoln
5	Burnham, Mackenzie	25:08:69	Grand Island
6	Martin, Maddie	25:08:87	Grand Island
7	Werner, Jane	25:09	Grand Island
8	Stump, Kate	25:24	Grand Island
9	Carlson, Emily	25:56	Kearney
10	Helzer, Danielle	26:12	Ogallala
11	Mulligan, Megan	26:13	Grand Island
12	Johnson, Kristi	27:08	Central City
13	Poppe, Adriana	28:27	Lincoln
14	McCallum, Alexa	28:36	Grand Island
15	McBee, Britney	30:51	Lincoln
16	McConnell, Rachel (est.time)	34:15	Grand Island
17	Broin, Lindsey	38:13	Nekoma, KS
18	Carlson, Alexis	38:36	Lincoln
19	Smith, Kristen	48:13	Grand Island
20	McGowan, Catherine	49:35:16	Grand Island
21	McGowon, Meghen	49:35:70	Grand Island
Ladies 30 to 34			
	Name	Time	Hometown
1	Cheetzos, Kylie	19:40	Grand Island
2	Clarke, Rainy	20:59	Kearney
3	Bandt, Brenda	22:25	Grand Island
4	King, Venus	22:58	Grand island
5	Stoetzel, Heidi	23:42	Kansas City, MO
6	Barrientos, Jami	23:46	Grand Island
7	Schlachter, Julie	24:30	Grand Island
8	O'Neill, Kristine	24:35	Grand Island
9	Mowinkel, Shelly	25:13	Milford
10	McGown, Megan	25:44	Sidney
11	Menke, Mary	25:59	Hastings
12	Alloway, Rachel	26:07	Lincoln
13	Campos, Nikki	27:08	Grand Island
14	Culler, Jess	27:41	Grand Island
15	Miles, Deborah	28:28	Hastings
16	Sass, Michelle	29:19	Hastings
17	Goding, Stacie	31:55	Grand Island
18	Coon, Tara	33:09	Grand Island
19	Stockwell, Sheree	37:04	Grand Island
20	Whitman, Camilla	37:06	Grand Island

Ladies 25 to 29			
	Name	Time	Hometown
1	Lerch, Elizabeth	22:41	Omaha
2	Arroyo, Cintia	23:16	Grand Island
3	Davis, Jennifer	24:02	Hastings
4	Miethmen, Jackie	25:27	Grand Island
5	Petersen, Kari	26:12	Des Moines IA
6	Gleed, Rachael	26:27	Bennington
7	Held, Melody	26:42	Doniphan
8	Rice, Stacia	26:49	Grand Island
9	Schmitt, Tracy	26:53	Grand Island
10	Regan, Mandy	28:12:30	Kearney
11	Whiting, Carrie	28:12:51	Kearney
12	Johnson, Colleen	28:27:46	Holly Springs, NC
13	Stelk, Jennifer	30:25	Grand Island
14	Brown, Dorinda	31:47	Polk
15	McConnell, Molly (est.time)	34.17	Columbus
16	Jensen, Alexis	38:02	Grand Island
17	Sich, Danielle	39:00	Ord
18	Berrelez, Jessica	40:08	Grand Island
19	Jordan, Liz	40:09	Grand Island
20	Wojtalewicz, Lacie	41:37	Grand Island
21	Stueckrath, Crystal	41:38	Grand Island
Ladies 35 to 39			
	Name	Time	Hometown
1	Steinke, Becky	21:53	Grand Island
2	Hartman, Carlotta	23:39	Grand Island
3	Rauert, Jodi	24:10	Wood River
4	Hanke, Holee	24:37	Archer
5	Sterner, Becky	24:48	Doniphan
6	Hinrichs, Shannon	26:07	Doniphan
7	Smith, Melanie	26:11	Doniphan
8	Trotter, Tina	26:15	Grand Island
9	Leslie, Jody	26:51	Gibbon
10	Wiens, Erin	30:00	York
11	Brown, Stephanie	30:28	Grand Island
12	Elnm, Tif	30:51	Lincoln
13	Hubbard, Samanatha	37:05	Grand Island
14	Towler, Kathryn	37:55	Kearney
15	Beaver, Kris	39:59	York
16	McGown, Danniell	40:30	Grand Island
17	Stueckrath, Jodi	41:38	Ralston

# YMCA BILL SEYMOUR 2009 5K RACE RESULTS Cont.

Ladies 40 to 44			
	Name	Time	Hometown
1	Lentz, Alane	22:18	Ainsworth
2	Ponte-Hamersky, Kathryn	24:16	Lincoln
3	Zoucha, Elaine	25:11	Schuyler
4	Bradley, Jill	28:39	Colorado Springs, CO
5	McCallum, Shirley	29:32	Grand Island
6	Palu, Suzanne	36:58	Grand Island
7	Swark, Jennifer	40:15	McCook
Ladies 50 to 59			
	Name	Time	Hometown
1	Kluthe, Deb	23:57	Scotia
2	Connelly, Diane	27:17	Shelby
3	Harvey, Jo	28:53	Grand Island
4	Kramer, Sheila	30:47	Crofton
5	Andrews, Peg	32:08	McCook
6	Triplett, Peggy	32:17	Sumner
7	Andersen, Colene	33:53	Grand Island
8	Messman, Jan	49:12:00	Aurora
9	Scoville, Kim	49:12:26	Elwood
10	Lewis, Kathy	50:25	Grand Island
11	Davis, Vicki	50:26	Grand Island
12	Roark, Cathy	50:49	Grand Island
13	Bell, Pat	54:38	Grand Island

Ladies 45 to 49			
	Name	Time	Hometown
1	See, Camie	25:51	Grand Island
2	Trampe, Marla	27:28	Kearney
3	Poppe Monica	28:26	Grant
4	Jorgensen, Peggy	28:48	Grand Island
5	Halm, Jodi	28:53	Grand Island
6	Werner, Lynne	31:01	Grand Island
7	Regier, Marcia	31:20	Henderson
8	Huebert, Sandra	33:14	Aurora
9	Huisman, Lisa	33:30	Grand Island
10	Morrow, Linda	33:50	Scotia
11	Lubken, Jacqueline	35:10	Trumbull
12	Bohac, Kris	36.31	Waverly
13	Seymour, Kelly	50:18	Lincoln
Ladies 60 to 69			
	Name	Time	Hometown
1	Tschauner, Patrica	39:05	Hastings
2	Putscher, Jean	40:31	Cairo
3	Gruber, Mary	42:44	Cozad
Ladies 70 & Up			
	Name	Time	Hometown
1	Jacobsen, Nita	41:53	Honolulu, HI
2	Seymour, Helen	50:17	Lincoln

# Overall Finishers in the 2009 Bill Seymour 5K

	Name	Time	Hometown		Name	Time	Hometown
1	Tucker, Jordan	15:15	Omaha	75	Huismann, Tony	24:16	Grand Island
2	Moran, Ron	15:37	Grand Island	76	Ponte-Hamersky, Kathryn	24:16	Lincoln
3	Bergt, Brian	17:11	Amherst	77	Schlachter, Julie	24:30	Grand Island
4	Rief, Scott	17:19	Grand Island	78	O'Neill, Kristine	24:35	Grand Island
5	Narber, Conn	18:23	Phillips	79	Doose, Jeffrey	24:36	Grand Island
6	Hassel, Calvin	18:38	Grand Island	80	Hanke, Holee	24:37	Archer
7	Jarzynka, Randy	19:11	Cairo	81	Etherton, Andrew	24:39	Palmer
8	Carlson, Bob	19:16	Dannebrog	82	Sterner, Becky	24:48	Doniphan
9	Campos, Moses	19:24	Grand Island	83	Torson, Duane	24:49	Grand Island
10	Rathje, Rory	19:33	Grand Island	84	Barrientos, Jamie	24:56	Grand Island
11	Rauert, Ron	19:34	Wood River	85	Burnham, Mackenzie	25:08:69	Grand Island
12	Cheetsos, Kylie	19:40	Grand Island	86	Martin, Maddie	25:08:87	Grand Island
13	Webb, John	20:08	Grand Island	87	Werner, Jane	25:09	Grand Island
16	Martinez, Isaias	20:35	Grand Island	88	Zoucha, Elaine	25:11	Schuyler
17	Hamata, Jason	20:43	Grand Island	89	Mowinkel, Shelly	25:13	Milford
18	Harris, Chris	20:45	Lincoln	90	Townsend, Cory	25:20	Grand Island
19	Lentz, Matt	20:46	Ainsworth	91	Stump, Kate	25:24	Grand Island
20	Sanchez, Rueben	20:52	Grand Island	92	Miethmen, Jackie	25:27	Grand Island
21	Navarro, Juan	20:53	Grand Island	93	McGown, Megan	25:44	Sidney
24	Proskocil, cory	20:56	Grand Island	94	See, Camie	25:51	Grand Island
25	Clarke, Rainy	20:59	Kearney	95	Helzer, Nathan	25:53	Ogallala
26	Longoria, Ray	21:02	Kearney	96	Carlson, Emily	25:56	Kearney
27	Joel, Derrick	21:11	Des Moines	97	Alloway, Nathan	25:59	Lincoln
28	McCallum, Kurt	21:12	Grand Island	98	Menke, Mary	25:59	Hastings
29	Lemburg, Branden	21:26	Grand Island	99	Alloway, Rachel	26:07	Lincoln
30	Billington, Megan	21:28	Grand Island	100	Hinrichs, Shannon	26:07	Doniphan
31	King, Jeff	21:32	Grand Island	101	Smith, Melanie	26:11	Doniphan
32	DeBoer, Jesse	21:40	Smithfield	102	Helzer, Danielle	26:12	Ogallala
33	Bilsend, Matthew	21:43	Lincoln	103	Petersen, Kari	26:12	Des Moines IA
34	Welch, Kristen	21:44	Grand Island	104	Mulligan, Megan	26:13	Grand Island
35	Broin, Chris	21:46	Nekoma, KS	105	Trotter, Tina	26:15	Grand Island
38	Culp, Vic	21:47	Bellevue	106	Gleed, Rachael	26:27	Bennington
39	Steinke, Becky	21:53	Grand Island	107	Held, Melody	26:42	Doniphan
40	Joel, Steve	22:09	Grand Island	108	Rice, Stacia	26:49	Grand Island
41	Zulkoski, Martin	22:13	Grand Island	109	Leslie, Jody	26:51	Gibbon
42	Lentz, Alane	22:18	Ainsworth	110	Schmitt, Tracy	26:53	Grand Island
43	Thompson, Rich	22:20	Grand Island	111	Johnson, Kristi	27:08	Central City
44	Bandt, Brenda	22:25	Grand Island	112	Campos, Nikki	27:08	Grand Island
45	Lerch, Elizabeth	22:41	Omaha	113	Connelly, Diane	27:17	Shelby
52	Werner, Tom	22:56	Grand Island	114	Trampe, Marla	27:28	Kearney
53	Giger, Bob	22:57	Kenesaw	115	Breunig, Chuck	27:28:29	Hastings
54	King, Venus	22:58	Grand island	116	Johnson, Scott	27:35	Central City
55	Waters, Jake	23:04	Lincoln	117	Culler, Jess	27:41	Grand Island
56	Lemburg, Jordan	23:07	Grand Island	118	Regan, Mandy	28:12:30	Kearney
57	Manivong, Phou	23:10	Grand Island	119	Whiting, Carrie	28:12:51	Kearney
58	Arroyo, Cintia	23:16	Grand Island	120	Goding, Will	28:13	Grand Island
59	Farias, David	23:18	Grand Island	121	Poppe Monica	28:26	Grant
60	Stump, Maureen	23:23	Grand Island	122	Poppe, Adriana	28:27	Lincoln
61	Smith, Ronnie	23:26	Grand Island	123	Johnson, Colleen	28:27:46	Holly Springs, NC
62	Chavez, Ray	23:32	Grand Island	124	Miles, Deborah	28:28	Hastings
63	Hansen, Josh	23:36	Grand Island	125	McCallum, Alexa	28:36	Grand Island
64	Hartman, Carlotta	23:39	Grand Island	126	Exstrum, Charlie	28:37	Grand island
65	Stoetzel, Heidi	23:42	Kansas City, MO	127	Exstrum, Brian	28:37:97	Grand island
66	Barrientos, Jami	23:46	Grand Island	128	Bradley, Jill	28:39	Colorado Springs, CO
67	Osborn, Ali	23:51	Lincoln	129	Jorgensen, Peggy	28:48	Grand Island
68	Farias, Rick	23:53	Grand Island	130	Harvey, Jo	28:53	Grand Island
69	Kluth, Deb	23:57	Scotia	131	Halm, Jodi	28:53	Grand Island
70	Rothenberger, Steve	24:00	Kearney	132	Steinke, Garrett	28:55	Grand Island
71	Davis, Jennifer	24:02	Hastings	133	Landerud, Bryan	29:00	Colorado Springs, CO
72	Mulligan, Bob	24:06	Grand Island	134	Sass, Michelle	29:19	Hastings
73	Rauert, Jodi	24:10	Wood River	135	McCallum, Shirley	29:32	Grand Island
74	Wemhoff, John	24:13	Grand Island	136	Gleed, Justin	29:56	Bennington

# Overall Finishers in the 2009 Bill Seymour 5K cont.

137	Wiens, Erin	30:00	York	172	Tschauner, Ron	37:44	Hastings
138	Wiens, Jeff	30:00:9	York	173	Towler, Kathryn	37:55	Kearney
139	Lauer, Tate	30:04	Lincoln	174	Jensen, Alexis	38:02	Grand Island
140	Erickson, Erick	30:14	Holdrege	175	Gleed, Kent	38:10	Omaha
141	Stelk, Jennifer	30:25	Grand Island	176	Broin, Lindsey	38:13	Nekoma, KS
142	Brown, Stephanie	30:28	Grand Island	177	Carlson, Alexis	38:36	Lincoln
143	Klimek, Daniel	30:35	Ord	178	Sich, Danielle	39:00	Ord
144	Rodriguez, Vino	30:45	Lincoln	179	Tschauner, Patrica	39:05	Hastings
145	Kramer, Sheila	30:47	Crofton	180	Carlson, Kayle	39:49	Lincoln
146	McBee, Britney	30:51	Lincoln	181	Beaver, Kris	39:59	York
147	Elnm, Tif	30:51	Lincoln	182	Beaver, Michael	40:00	York
148	Werner, Lynne	31:01	Grand Island	183	Berrelez, Jessica	40:08	Grand Island
149	Vandernneck, Chris	31:19	Henderson	184	Jordan, Liz	40:09	Grand Island
150	Regier, Marcia	31:20	Henderson	185	Swark, Jennifer	40:15	McCook
151	Brown, Dorinda	31:47	Polk	186	McGown, Danniell	40:30	Grand Island
152	Goding, Stacie	31:55	Grand Island	187	Putscher, Jean	40:31	Cairo
153	Andrews, Steve	32:07	Wisconsin Rapids, WI	188	Wojtalewicz, Lacie	41:37	Grand Island
154	Andrews, Peg	32:08	McCook	189	Stueckrath, Crystal	41:38	Grand Island
155	Pore, Robert	32:14	Grand Island	190	Stueckrath, Jodi	41:38	Ralston
156	Triplett, Peggy	32:17	Sumner	191	Jacobsen, Nita	41:53	Honolulu, HI
157	Coon, Dawson ~ 7 yrs old	33:08	Geneva	192	Gruber, Mary	42:44	Cozad
158	Coon, Tara	33:09	Grand Island	193	Smith, Larry	48:12	Grand Island
159	Huebert, Sandra	33:14	Aurora	194	Smith, Kristen	48:13	Grand Island
160	Huisman, Lisa	33:30	Grand Island	195	Messman, Jan	49:12:00	Aurora
161	Morrow, Linda	33:50	Scotia	196	Scoville, Kim	49:12:26	Elwood
162	Andersen, Colene	33:53	Grand Island	197	McGowan, Catherine	49:35:16	Grand Island
163	McConnell, Rachel (est.time)	34.15	Grand Island	198	McGowon, Meghen	49:35:70	Grand Island
164	McConnell, Molly (est.time)	34.17	Columbus	199	Seymour, Helen	50:17	Lincoln
165	Lubken, Jacqueline	35:10	Trumbull	200	Seymour, Kelly	50:18	Lincoln
166	Vandernneck, James (est.time)	36.15	Henderson	201	Lewis, Kathy	50:25	Grand Island
167	Bohac, Kris	36.31	Waverly	202	Davis, Vicki	50:26	Grand Island
168	Palu, Suzanne	36:58	Grand Island	203	Roark, Cathy	50:49	Grand Island
169	Stockwell, Sheree	37:04	Grand Island	204	Bell, Pat	54:38	Grand Island
170	Hubbard, Samanatha	37:05	Grand Island	205	Devine, Aaron	54:39	Grand Island
171	Whitman, Camilla	37:06	Grand Island	206	Bell, John	54:39:66	Grand Island

# YMCA Bill Seymour 2009 KIDS 1 MILE RACE RESULTS

Kids Fun Run Overall Boy Brandon Trotter Age 11 from Grand Island, Nebraska with a time of 6:22

Kids Fun Run Overall Girl Adyson Narber Age 11 from Phillips, Nebraska with a time of 6:46

Girls 9 & Under			
	Name	Time	Hometown
1	Krolikowski, Emily	7:51:92	Cairo
2	Cuevos, Gabby	8:55	Grand Island
3	Cuevos, Aili	9:02	Grand Island
4	Victory, Rebecca	9:14	North Platte
5	Culler, Mogan	9:17	Grand Island
6	McGown, Ava	9:31	Sidney
7	Chavez, Rya	9:35:33	Grand Island
8	Victory, Jordan	9:44:79	North Platte
9	Mowinkel, Calyn	9:45:63	Milford
10	Culler, MaKenna	9:57	Grand Island
11	Libel, Kelli	10:07	Wathena, KS
12	Olson, Mia	10:59	Omaha
13	Barrientos, Kamdyn	11:05	Grand Island
14	Rice, Rylie	11:10	Grand Island
15	Harris, Allison	11:18:10	Omaha
16	Pfeifer, Camaron	11:18:95	Grand Island
17	Trenkle, Maggie	11:19	Kearney
18	Victory, Abigail	11:20	North Platte
19	Trenkle, Kay Lynn	12:32	Kearney
20	Harris, Anna	13:24	Omaha
21	Hubbard, Lucy	13:48	Grand Island
22	Clark, Lola	13:48:95	Spring Hill, KS

Girls 10 to 13			
	Name	Time	Hometown
1	Narber, Adyson	6:46	Phillips
2	Lemburg, Shelbee	7:36:81	Grand Island
3	Narber, McClain	7:44	Phillips
4	McCallum, Brooke	8:00:07	Grand Island
5	McVay, Destiny	8:00:87	Gothenburg
6	Thayer, Carolyn	8:06	Grand Island
7	Post, Hannah	8:40	Grand Island
8	Kalvoda, Olivia	9:10	Grand Island

Boys 9 & Under			
	Name	Time	Hometown
1	Otto, Ross	7:14:66	Cairo
2	McCallum, Cade	7:15	Grand Island
3	Rathje, Alec	7:24	Grand Island
4	King, Nelson	7:27:47	Grand Island
5	Bailey-Nelson, Remington	7:28:07	Grand Island
6	Rathman, Andrew	7:36:45	Grand Island
7	Narber, Cal	7:54:37	Phillips
8	Fox, Eli	7:54:67	Grand Island
9	Spiehs, Kadin	7:59:63	Lawerance, KS
10	Fox, Gavin	8:00:60	Grand Island
11	Victory, Joel	8:10	North Platte
12	Taylor, Mitchel	8:24	Valley City, ND
13	Cadwalader, Austin	8:34	Grand Island
14	Taylor, Zach	8:44	Grand Island
15	Comer, Elijah	8:45:70	Grand Island
16	Billington, Kaden	8:58	Grand Island
17	Henry, Jackson	9:36:58	Grand Island
18	Clark, Max	9:42	Spring Hill, KS
19	Henry, Isaac ~ 4 yrs old	10:12	Grand Island
20	Fox, Bowdie ~ 4 yrs old	10:20	Grand Island
21	Heusel, Brandon	12:41	Grand Island
22	Steinke, Gage	12:53	Grand Island
23	Hubbard, Benjamin	12:57	Grand Island

Boys 10 to 13			
	Name	Time	Hometown
1	Trotter, Brandon	6:22	Grand Island
2	Burnham, Casey	6:26	Grand Island
3	Kucera, Donovan	7:02	Grand Island
4	Cook, Tanner	7:34	Grand Island
5	Rathje, Rily	7:35:82	Grand Island
6	Ziller, Aidan	7:39	Grand Island
7	Chaon, Brayden	7:49	Grand Island
8	Zoucha, Justin	7:50	Schuyler
9	Zoucha, Jordan	8:01	Schuyler
10	Farias, Jayden	8:21	Grand Island
11	Zoucha, Dan ~ 48 years old	11:16	Schuyler

## Overall Finishers in the 2009 Bill Seymour Kids 1 Mile Fun Run

	Name	Time	Hometown		Name	Time	Hometown
1	Trotter, Brandon	6:22	Grand Island	33	Comer , Elijah	8:45:70	Grand Island
2	Burnham, Casey	6:26	Grand Island	34	Cuevos, Gabby	8:55	Grand Island
3	Narber, Adyson	6:46	Phillips	35	Billington, Kaden	8:58	Grand Island
4	Kucera, Donovan	7:02	Grand Island	36	Cuevos, Aili	9:02	Grand Island
5	McCallum, Cade	7:15	Grand Island	37	Kalvoda, Olivia	9:10	Grand Island
6	Otto, Ross	7:14:66	Cairo	38	Victory, Rebecca	9:14	North Platte
7	Rathje, Alec	7:24	Grand Island	39	Culler, Mogan	9:17	Grand Island
8	King, Nelson	7:27:47	Grand Island	40	McGown, Ava	9:31	Sidney
9	Bailey-Nelson, Remington	7:28:07	Grand Island	41	Chavez, Rya	9:35:33	Grand Island
10	Cook, Tanner	7:34	Grand Island	42	Henry, Jackson	9:36:58	Grand Island
11	Rathje, Rily	7:35:82	Grand Island	43	Clark, Max	9:42	Spring Hill, KS
12	Rathman, Andrew	7:36:45	Grand Island	44	Victory, Jordan	9:44:79	North Platte
13	Lemburg, Shelbee	7:36:81	Grand Island	45	Mowinkel, Calyn	9:45:63	Milford
14	Ziller, Aidan	7:39	Grand Island	46	Culler, MaKenna	9:57	Grand Island
15	Narber, McClain	7:44	Phillips	47	Libel, Kelli	10:07	Wathena, KS
16	Chaon, Brayden	7:49	Grand Island	48	Henry, Isaac ~ 4 yrs old	10:12	Grand Island
17	Zoucha, Justin	7:50	Schuyler	49	Fox, Bowdie ~ 4 yrs old	10:20	Grand Island
18	Krolikowski, Emily	7:51:92	Cairo	50	Olson, Mia	10:59	Omaha
19	Narber, Cal	7:54:37	Phillips	51	Barrientos, Kamdyn	11:05	Grand Island
20	Fox, Eli	7:54:67	Grand Island	52	Rice, Rylie	11:10	Grand Island
21	Spiehs, Kadin	7:59:63	Lawerance, KS	53	Zoucha, Dan ~ 48 years old	11:16	Schuyler
22	McCallum, Brooke	8:00:07	Grand Island	54	Harris, Allison	11:18:10	Omaha
23	Fox, Gavin	8:00:60	Grand Island	55	Trenkle, Maggie	11:19	Kearney
24	Zoucha, Jordan	8:01	Schuyler	56	Pfeifer, Camaron	11:18:95	Grand Island
25	Mcvay, Destiny	8:00:87	Gothenburg	57	Victory, Abigail	11:20	North Platte
26	Thayer, Carolyn	8:06	Grand Island	58	Trenkle, Kay Lynn	12:32	Kearney
27	Victory, Joel	8:10	North Platte	59	Heusel, Brandon	12:41	Grand Island
28	Farias, Jayden	8:21	Grand Island	60	Steinke, Gage	12:53	Grand Island
29	Taylor, Mitchel	8:24	Valley City, ND	61	Hubbard, Benjamin	12:57	Grand Island
30	Cadwalader, Austin	8:34	Grand Island	62	Harris, Anna	13:24	Omaha
31	Post, Hannah	8:40	Grand Island	63	Hubbard, Lucy	13:48	Grand Island
32	Taylor, Zach	8:44	Grand Island	64	Clark, Lola	13:48:95	Spring Hill, KS